

Introducing the Healthy Community Checklists and Grassroots Toolkit

The National Council of Jewish Women (NCJW) is dedicated to the well-being of women, children, and families. And we have long believed that access to contraceptives, including emergency contraception for all women — regardless of age or ability to pay — and comprehensive sexuality education are essential components of a healthy community.

Plan A: NCJW's Campaign for Contraceptive Access aims to ensure that these aspects of a healthy community exist for women everywhere in the US with a special focus on:

- ▶ Pharmacy Refusals
- ▶ Comprehensive Sexuality Education
- ▶ Emergency Contraception
- ▶ Affordable Contraception
- ▶ Young Women's Access

NCJW created the Healthy Community Checklists to help you assess the health of your community when it comes to these five issues. These checklists may be used by individuals or groups of individuals working together who are committed to improving their community's situation in regard to all or some of the five issues.

Once you have determined the status of these issues in your community, you will be prepared to take the next steps: educating others and taking collective action to help improve the health of your community regarding access to contraceptive information and services.

The Grassroots Toolkit is filled with ideas and tips on educating your community through events and other activities, advocating with decision-makers to make change, and enlisting the support of the media and others.

NCJW staff and volunteers are ready and eager to assist you to ensure the success of your Plan A campaign efforts. Contact action@ncjwdc.org for more information or to report on your activities.

Sincerely,

Phyllis Snyder
NCJW President

Judy Singer
Chair, Plan A Campaign